

# 2018 Fitness & Sports Event Calendars (4th Quarter)

## JBSA-FSH

Event	Date	Start Time	Location
Army 10 Mile Shadow Run	7 Oct	7 a.m.	Center Post
1000/500 lb Challenge	20 Oct	10:30 a.m.	METC Fitness Center
Oktoberfest 5K Fun Run/Walk	27 Oct	8 a.m.	Jimmy Brought
3-point & Free Throw Shoot-out Challenge	3 Nov	10:30 a.m.	METC Fitness Center
Situp & Run 5K run (With each sit up rep done 10 seconds is taken off of the run time)	10 Nov	7 a.m.	Center Post
Turkey Trot, 5K Run/Walk	17 Nov	8 a.m.	Jimmy Brought
Ugly Sweater Run	1 Dec	9 a.m.	METC Fitness Center
12 Days of Fit-mas	3 - 18 Dec		Center Post
Customer Appreciation Day/Fitness Orientation	12 Dec		Jimmy Brought

## JBSA-Lackland

Defender Cup, Military Varsity Soccer Tournament	5 - 8 Oct		STAR Soccer Complex
All Air Force Men Basketball Trial Camp	14 - 31 Oct		Chaparral
Lackland Bodybuilding Classic	17 Nov		Hyatt Regency Hotel
Joe Hall Varsity Basketball Tournament	1 - 2 Dec		Warhawk and Chaparral
Holiday Run with Youth Center	14 Dec		Warhawk Track
Holiday Racquetball Tournament	22 Dec		Chaparral

## JBSA-Randolph

3-Mile Wing Man Relay	16 Oct	7:30 a.m.	Eberle Park
Fall fest Fitness Celebration	20 Oct	7:30 a.m.	Heritage Park
Veteran's Appreciation Day	9 Nov	11 a.m. to 1 p.m.	Rambler Fitness Center
Turkey Trot/Smoke Out 5K Run/Walk	16-Nov	11 a.m.	Fitness Center Jogging Trails
Indoor Marathon	3 - 7 Dec	Normal Hours	Rambler Fitness Center
Holiday 10 Mile Bike Ride	15 Dec	8 a.m.	Heritage Park