



2019

502 FSS Run Registration Form



Complete and return to the Aquatic Center or Central Post Gym, Bldg. 961 Patch Rd. or mail to
JBSA-Fort Sam Houston Aquatic Center,
2380 Stanley Rd., Bldg. 124, Fort Sam Houston, TX 78234-5020
These events are held at the Aquatic Center, Bldg. 3300, Williams Rd.

Triathlon #1: June 9 @ 7 a.m. **\$20**

200-meter swim, 5-mile bike, 1-mile run Registration Deadline: June 5 Packet Pick-up: Race Day, 5:30 a.m.

Triathlon #2: July 14 @ 7 a.m. **\$20**

300-meter swim, 10-mile bike, 2-mile run Registration Deadline: July 10 Packet Pick-up: Race Day, 5:30 a.m.

Triathlon #3: August 11 @ 7 a.m. **\$20**

400-meter swim, 15-mile bike, 3-mile run Registration Deadline: August 7 Packet Pick-up: Race Day, 5:30 a.m.

Reverse Triathlon September 8 @ 7:30 a.m. **\$20**

3-mile run, 10-mile bike, 200-meter swim Registration Deadline: September 8 Packet Pick-up: Race Day, 6:30 a.m.

For more information, call or 210-221-4887. Make checks payable to: JBSA MWR Fund.

Name: _____ Relay: Yes / No (Relay Name: _____)

200 meter swim time: _____ Phone: _____ Email: _____

Total amount paid: _____

Gender: () M () F Age: () 19 and younger () 20 - 29 () 30 - 39 () 40 - 49 () 50 - 59 () 60+

Shirt Size: () S () M () L () XL () XXL

WAIVER OF CLAIM (Must be signed and submitted with registration)

I know that this event is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I know that although police protection is provided, there is traffic on the courser route. I assume the risk of being in traffic. I also assume any and all risks associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of weather, and the condition of the roads, all such risks being known and appreciated by me. As signer of the entry blank, being fully aware of these facts, and in consideration you are accepting my entry, I do hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf covenant not to sue, and waive. I release and discharge THE VOLUNTEERS, JBSA-FORT SAM HOUSTON, 502d FORCE SUPPORT SQUADRON and the U.S. GOVERNMENT from any and all claims of liability for death, personal injury or property of any kind or nature or record of this event for any purpose. Application for minors is accepted only with parent's or guardian's signature. I further understand that my entry is NON-REFUNDABLE.

Athlete Signature (parent/legal guardian if under 18 years old)

Date