

2018 Fitness & Sports Event Calendars (1st Quarter)

JBSA-FSH

Event	Date	Start Time	Location
80 Mile Elliptical Challenge	2 - 31 Jan		Center Post
Fit For Duty, 5k Run	20-Jan	8 a.m.	Jimmy Brought
Spin-a-thon (2 hours of non stop spin)	27-Jan	9:30 a.m.	Jimmy Brought
Escape to Spring Break (150 mile bike, 84 mile run, 50k row)	1 - 28 Feb	4:30 a.m. to 8 p.m.	Center Post
1000 Meter Row Challenge	1 - 28 Feb		METC Fitness Center
Distance Goal Challenge	1 - 28 Feb	11:30 a.m. to 6:30 p.m.	Aquatic Center
Zumbathon (2 hours of non stop Zumba®)	10 Feb	9:30 a.m.	Jimmy Brought
3 on 3 Basketball Tournament	17 Feb	9:30 a.m.	Jimmy Brought
Valentine's Run, 5K Run/Walk	17 Feb	8 a.m.	Jimmy Brought
Lifeguard Class #1	17-18-19 Feb	8 a.m. to 5 p.m.	Aquatic Center
1000/500 Challenge	24 Feb	10:30 a.m.	METC Fitness Center
Racquetball Tournament	10 Mar	9:30 a.m.	Jimmy Brought
Lifeguard Class #2	10-11-17-18 Mar	9 a.m. to 5 p.m.	Aquatic Center
Water Safety Instructor Class	12 - 16 Mar	8 a.m. to 5 p.m.	Aquatic Center
METC Madness Bracket Contest	13 Mar		METC Fitness Center
St. Patrick's Day Run	17 Mar	9 a.m.	METC Fitness Center
Lifeguard Class #3	31 Mar & 1, 7, 8 Apr	9 a.m. to 5 p.m.	Aquatic Center

JBSA-LACKLAND

Presidents' Day Shootout - Racquetball Tournament	17 Feb		Chaparral Fitness Center
St. Patrick's Day Run	16 Mar		Gillum Fitness Center

JBSA-Randolph

New Year, New You - (70 miles run/walk - 24 aerobic classes - 36 miles bike)	1-Jan - 31 Dec	normal hours	Rambler Fitness Center
Valentine Run/Bike	10-Feb	8 a.m.	Heritage Park
100 Ton Club	14 Feb	normal hours	Rambler Fitness Center
15 Mile Bike Challenge	3-Mar	7:30 a.m.	Heritage Park
St. Patrick's Day 5K Run	17-Mar	7:30 a.m.	Heritage Park