

2018 Fitness & Sports Event Calendars

(3rd Quarter)

JBSA-FSH

Event	Date	Start Time	Location
Freedom Run, 5K Run/Walk	7 Jul	7 a.m.	Jimmy Brought
Triathlon #2 (300 meter swim, 10 mile bike, 2 mile run)	8 Jul	7 a.m.	Aquatic Center
Swim Lesson #3	9 - 20 Jul	9, 10 & 11 a.m.	Aquatic Center
Spin-a-thon	14 Jul	10:30 a.m. to 12:30 p.m.	METC Fitness Center
Swim Lesson #4	23 Jul to 8 Aug	9, 10 & 11 a.m.	Aquatic Center
Superhero Run, 5K Run/Walk	11 Aug	7 a.m.	Jimmy Brought
Triathlon #3 (400 meter swim, 15 mile bike, 3 mile run)	12 Aug	7 a.m.	Aquatic Center
Washington Monument, 897 Steps	3 - 7 Sep	4:30 a.m. to 8 p.m.	Aquatic Center
Reverse Triathlon #3 (3 mile run, 10 mile bike, 200 meter swim)	9 Sep	7:30 a.m.	Aquatic Center
Tower of Americas, 952 Steps	10 - 14 Sep	4:30 a.m. to 8 p.m.	Center Post
Family Fun Run	15 Sep	9 a.m.	METC Fitness Center
Racquetball Tournament	15 Sep	9:30 a.m.	Jimmy Brought
Empire State Building, 1860 Steps	17 - 21 Sep	4:30 a.m. to 8 p.m.	Center Post
Willis Tower, 2109 Steps	24 - 28 Sep	4:30 a.m. to 8 p.m.	Center Post

JBSA-Lackland

Intramural Men and Women Softball Trial Camps	25 Jul to 12 Aug	Various Times	Warhawk Softball Field
Labor Day Run	3 Sep		Gillum Fitness Center

JBSA-Randolph

Stars & Stripes 5K Run	3-Jul	7:30 a.m.	Eberle Park
Indoor Biathlon (30 mile Bike, 15 mile Run)	9 - 13 Jul	Normal Hours	Rambler Fitness Center
2 Person Team Biathlon	4 Aug	7:30 a.m.	Heritage Park
Freedom 5K Run	11-Sep	7:30 a.m.	Eberle Park
Indoor Triathlon (15 mile Run, 30 mile Bike, 5 mile Row)	17 - 21 Sep	Normal Hours	Rambler Fitness Center