



JBSA-RANDOLPH

Military & Family Readiness Center



UPCOMING EVENTS 2022

JANUARY • FEBRUARY • MARCH

Hours of Operation: Mon - Fri 7:30 a.m. to 4:30 p.m. Closed Federal Holidays, AETC Family Days, and 1st & 3rd Thursday, 1-4:30 p.m. for in-service training

TRANSITION & RELOCATION

NEWLY ASSIGNED CC/CCC/CCF

Jan 11; Feb 1; Mar 1 • 8 a.m. to Noon

Commanders, Command Chiefs, and First Sergeants; this mandatory briefing satisfies AFI requirements, while introducing you to key personnel from M&FRC, Equal Opportunity, Family Advocacy, HIPAA, Sexual Assault Prevention and Response, and Legal.

NEWCOMER'S ORIENTATION

Jan 10; Feb 7; Mar 7 • 8 a.m. to Noon

Mandatory in-processing for all newly assigned JBSA-Randolph military and civilian personnel. Spouses are welcome. Contact your CSS for details.

EFMP ORIENTATION

Feb 7; Mar 7 • Noon to 1 p.m.

This briefing will advise attendees on the 3 arms of the Exceptional Family Member Program: Medical, Assignments, and Family Support.

EFMP INFORMATIONAL BRIEFING: AUTISM

Jan 20 • 11 a.m. to 12 p.m.

Receiving an Autism diagnosis for your child can be a very stressful time. Discuss the next steps, what you can expect, and review researched and effective treatment.

PLAN MY MOVE

This official DoD online tool simplifies the moving process by creating manageable steps for both experienced and first-time movers. Visit planmymove.militaryonesource.mil to create a custom checklist for your move and find information about the tasks you need to complete. One-on-one appointments are available for further assistance.

SPONSORSHIP TRAINING

In accordance with AFI 36-2103, the Sponsorship Application & Training (eSAT) at myhub.militaryonesource.mil features a checklist, inbound needs assessment, customizable letters, and more. Once completed, contact M&FRC for more resources.

LOAN LOCKER

Visit the loan locker to borrow basic items while your household goods are in transit. A copy of your PCS orders are needed to check out items.

UNIT VOTING ASSISTANCE OFFICER (UVAO) TRAINING

Jan 20 • 10-11:30 a.m.

DOD instruction 1000.4 requires all newly appointed UVAOs to complete this training. Review responsibilities, absentee voting, and resources available to conduct a successful voting assistance program. To register, email Randolph.vote@us.af.mil.

FEDERAL VOTING ASSISTANCE PROGRAM

Provides information and assistance to service members, their family, and overseas civilians regarding voter registration, absentee voting, and more. For details, email Randolph.vote@us.af.mil.

READINESS, RESILIENCY, & FAMILY PROGRAMS

STRESS MANAGEMENT

Jan 5 • 10-11 a.m.

Examine the different causes of stress and learn techniques to effectively cope with every day stressors. Held in partnership with Mental Health Outreach.

BUILDING STRESS RESILIENCY

Jan 19 • 10-11 a.m.

Did you know there's good stress and bad stress? Review how to make your stress work for you, become aware of how your body responds, and techniques for reducing stress-related tension. Held in partnership with a Military & Family Life Counselor.

PARENTING TEENS

Jan 26 • 10-11 a.m.

This class will give parents information to meet the challenges of parenting teens enjoying their children's teen years. Held in partnership with Mental Health Outreach.

BUNDLES FOR BABIES

Feb 2; Mar 30 • 9-11 a.m.

Active-duty expecting parents receive information on budgeting for a baby, New Parent Support Program, dental clinics, and more. Registration required.

DATING: IT'S A JUNGLE OUT THERE

Feb 8 • 10-11 a.m.

Geared for singles, examine the major areas that predict what a person will be like in the marriage and the importance of a healthy, balanced relationship. Held in partnership with Mental Health Outreach.

PRINCIPLES OF HEALTHY RELATIONSHIPS

Feb 9 • 10-11 a.m.

Learn about the components of a healthy relationship, and develop tools to create and maintain a relationship. Held in partnership with a Military & Family Life Counselor.

HEART LINK

Mar 23 • 8:30 a.m. to 2 p.m.

A military spouse orientation to learn about Air Force customs, courtesies, acronyms, resources

throughout JBSA, and more. Funded by the Air Force Aid Society.

CASUALTY ASSISTANCE

Casualty Assistance Representatives provide dignified and humane casualty notification, thorough reporting, and compassionate assistance to the next-of-kin of fallen active-duty Air Force members. Other services include assistance with the processing of Family Service members' Group Life Insurance, Traumatic Injury Protection Program, Emergency Family Member Travel Program and Survivor Benefit Plan. Call to schedule an appointment.

SURVIVOR BENEFIT PLAN BRIEFING

Jan 13, Feb 10; Mar 10 • 9-10 a.m.

All prospective retirees are required to attend a Survivor Benefit Plan briefing and meet with an SBP Counselor to complete a DD Form 2656, Data for Payment of Retired Personnel. Contact (210) 652-3192 or 652-2104 to sign up.

RECORD OF EMERGENCY DATA:

RED is one of the most critical forms in your military personnel record. Updates should be made annually and always upon life-changing events (marriages, divorce, birth, changes of beneficiaries, and addresses). It's your responsibility to keep it current in vMPF. For details, call (210) 652-3192 or 652-2104.

AIR FORCE FAMILIES FOREVER:

Air Force Families Forever is a long-term survivor program established to provide support to family members of deceased Air Force, Space Force and Reserve Component Airman and Guardians who died in an Active Duty status. Support is provided to eligible Next-of-Kin (NOK) through the M&FRC at the closest installation to the surviving family member.

EMPLOYMENT:

LINKEDIN 101

Jan 11 • 9-11 a.m.

LinkedIn is a must for your social media toolbox! Learn about the benefits and how to create a professional profile that showcases your abilities

READY, SET, RESUME

Jan 18; Mar 22 • 9-11 a.m.

Learn different resume formats and which one to use while writing a non-federal resume. Receive tips to help adequately prepare a summary statement, employment history, and more.

***Dates and times are subject to change; call to verify.**

USAJOBS NAVIGATION & FEDERAL RESUME

Jan 25; Feb 22; Mar 29 • 9-11 a.m.

Learn the building blocks of a successful federal resume. Discuss the federal hiring process, eligibility and preferences, how to navigate the site, and use it as leverage for an effective application process.

SPOUSE RESUME & CAREER RESOURCES

Feb 8 • 9-11 a.m.

Find a career that best fits your interests by customizing your resume to focus on your unique skills. Learn about the license reimbursement program and certification reciprocity for military spouses in Texas. Discover resources to help with continuing education and maintaining skills.

ACING THE INTERVIEW

Mar 1 • 9-10:30 a.m.

Discover ways to prepare for a job interview and make a lasting impression, review appropriate attire, networking, salary negotiation, and the importance of social media.

SALARY NEGOTIATION

Mar 8 • 9-10:30 a.m.

Know your worth! Review ways to determine your worth and earning potential, interviewing tactics, what to do once a job offer is received, and participate in a mock salary negotiation scenario.

VOLUNTEER:

VOLUNTEER AWARD NOMINATION WRITING

Jan 20; Feb 3 • 9-11 a.m.

Learn how to prepare and submit an effective nomination package to identify a volunteer for recognition during the 2022 JBSA Volunteer Awards Ceremony. Review the new nomination form for the 2022 Volunteer Excellence Award (VEA) and Volunteer of the Year Awards (VOYA). Deadline for nomination packages is March 14, 2022.

READINESS:

PRE-DEPLOYMENT BRIEF

Jan 11, 25; Feb 8, 22; Mar 8; 22 • 10-10:30 a.m.

Mandatory for service members heading to a remote assignment or deploying/TDY for over 30 days. Members are educated on M&FRC, DoD, and third-party services available during all stages of deployment. Spouses encouraged to attend.

DEPLOYMENT REINTEGRATION BRIEF

Tuesdays • 9-9:30 a.m.

Mandatory for service members returning from deployment or 30+ days TDY. Spouses welcome to attend.

KEY SPOUSE:

KEY SPOUSE INITIAL TRAINING

Jan 12; Apr 13; Jul 13 • 9 a.m. to 3:30 p.m.

All newly, officially appointed Key Spouses and Key Spouse Mentors must complete an initial training, in-seat facilitated by M&FRC or self-paced virtually before acting as an official KS or KSM. This training consists of 8 standardized modules. This session will

be held at JBSA-Fort Sam Houston to facilitate communication and collaboration between KSs and KSMs in the JBSA community.

KEY SPOUSE (KS) REFRESHER TRAINING

Jan 19 • 9-10 a.m.

Key Spouses and Key Spouse Mentors who've had a break of service in their role or just PCS'ed to JBSA must attend this refresher training before functioning as a KS or KSM. Review current trends and resources with your local M&FRC.

KEY SPOUSE CONTINUING EDUCATION

Jan 19 • 10:30 a.m. to 12:30 p.m.

The featured topic for this session will be a Suicide Prevention Training with a small group discussion to equip families to help Airmen in distress, encourage help-seeking, and promote familiarity and rapport.

VIRTUAL FRIDAY Q&A FOR MILITARY SPOUSES

Jan 28; Feb 25; Mar 25 • 2-2:30 p.m.

Join in to receive valuable resources and talk with experts as we explore ways to get connected.

TRANSITION ASSISTANCE PROGRAM (TAP):

INITIAL COUNSELING (IC)

This is the first step of the transition process for all service members within 18 months of their separation date, or planning to retire in the next 48 months. Service members will take a self-assessment to identify post-transition goals and establish a transition plan. Call to schedule an appointment

PRE-SEPARATION COUNSELING

Jan 19; Feb 2, 9, 23; Mar 2, 9, 23, 30
Noon to 3:30 p.m.

This mandatory briefing is for all service members who are within 18 months of their separation date, or planning to retire in the next 48 months. Call to schedule an appointment. Prerequisite: Initial Counseling.

TAP WORKSHOP (3-DAY)

Jan 24-26; Feb 14-16; Mar 14-16 • 8 a.m. to 4 p.m.

This mandatory workshop is for all service members separating or retiring from the military. TAP is facilitated by the Department of Labor, Veterans Administration, and M&FRC. Prerequisite: Pre-Separation Counseling.

DOL VOCATIONAL CAREER AND CREDENTIAL EXPLORATION TRACK

Jan 27-28 • 8 a.m. to 4 p.m.

This 2-day track provides guidance for pursuing career technical training. Discuss different vocational fields, identify skills needed to develop an action plan and review accredited training institutions and credentialing programs.

VA BENEFITS & SERVICES

Jan 28; Feb 25; Mar 25 • 8 a.m. to 3 p.m.

This is the same briefing given on Day 2 of TAP. Also offered through Transition Online Learning (TOL), www.tapevents.mil/courses. Take advantage of another opportunity to hear about VA programs and services, disability compensation, and GI Bill benefits. Call (210) 652-5321 for details.

DOL EMPLOYMENT WORKSHOP (DOLEW)

Feb 17-18; Mar 17-18 • 8 a.m. to 4 p.m.

This 2-day track covers best practices for career development, vital skills such as how to build an effective resume, interviewing skills, and emerging technology to assist with networking and job searching.

ENTREPRENEURSHIP TRACK: BOOTS TO BUSINESS

Mar 9-10 • 8:30 a.m. to 4:30 p.m.

A 2-day workshop hosted by the Small Business Administration (SBA) to assist transitioning service members with entrepreneurship. Register with M&FRC and at sbavets.force.com.

MANAGING YOUR EDUCATION

Contact the Education Office at (210) 652-5964. This 2-day optional track shows participants how to advance their education, take advantage of military education benefits earned, and financial assistance.

TAP TOO

Feb 9 • 8 a.m. to 4 p.m.

This seminar guides military spouses through topics impacting our transitioning members, like identifying emotional and psychological aspects of changes, new family dynamics, finances, medical coverage, and more. Discover resources to help find answers and formulate your plan for the military to civilian transition together.

PERSONAL FINANCIAL READINESS:

PERSONAL FINANCIAL COUNSELING

Counselors are available to help you and your family to manage finances, resolve financial problems, and reach financial goals. Call (210) 652-5321 or 557-2016 to schedule an appointment.

AIR FORCE AID SOCIETY (AFAS)

The "official charity" of the Air Force is a private, nonprofit organization which provides emergency financial assistance, educational support, and quality of life programs. Members eligible for Air Force Aid are: Airmen and their families, Guard/Reservist, retirees, and widows or widowers thereof.

SOCIAL SECURITY & YOU

Feb 1 • 10 a.m. to Noon

Learn about changes to social security benefits and how it can affect your retirement. Facilitated by a subject matter expert in Social Security.

UNDERSTANDING CONTINUATION PAY ENTITLEMENTS AND OPTIONS

Feb 23 • 10-11:30 a.m.

How much do you know about the Blended Retirement System -- When can you collect? What can you do with it? Are there tax implications with the payout amounts? -- Learn how Continuation Pay works as a part of BRS and what options are available such as eligibility, formula multiplier, pay rates, plus how the TSP could affect your decisions.

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